

## **Educational Background**

### **Bachelor of Fine Art**

Year: 1994 – 1998

Educational Institution: University of British Columbia (<http://www.ubc.ca/>)

Major: Painting, Drawing and Print Making

Special Accomplishment: Outstanding Student Scholarship in 1997

An invitation from the University of Toronto to pursue a Masters Program in print making.

### **Foundation Program**

Year: 1999 – 2000

Educational Institution: Emily Carr

### **Interdisciplinary Design Program**

Year: 1999 – 2000

Educational Institution: Kwantlen University College

### **3D Animation Diploma**

Year: 2000 – 2001

Educational Institution: Infocast Digital Art

### **Traditional Oil Painting Methods - Portrait and Landscape**

Year: 2000 – 2005

Teachers: Paul Chizik (<http://paulchizik.com/>), Liza Visagie (<http://lizavisagie.com/>)

Major: Oil Painting portrait methods of Rembrandt, Vermeer and Raphael Sanzio

Oil Painting methods of Impressionism in Plein air landscape paintings.

### **Picture Framing and Traditional Chinese Brush Painting Techniques**

Year: 2005 – 2007 in Taiwan

Teachers: Cheng Weng Ching, Wu-ling, and Aguan

Major: Traditional Chinese Brush Painting and Framing techniques of Taiwan.

### **Spacial Dynamics IS10 Training**

Year: 2009 – Present

Teacher: Jaimen McMillan

Institution: Spacial Dynamics Institute (<http://www.spacialdynamics.com/english/>)

Goal: Spacial Dynamics Movement Therapist Certification and Bothmer Gymnastics Certification

## Artistic Career

### Occupational Title: Portrait Artist

Year: 1998 – Present

Employer: Self-Employed

Accomplishment: Have created over one hundred portraits for individuals and groups in various artistic mediums and methods.

Roles and Responsibilities:

- To create a portrait through which the essence of one's soul expression is illuminated.
- To co-create with the model the joyful and explorational process through which the gifts and beauty one brings into this world is unveiled and nurtured.

### Occupational Title: Artist

Year: 1998 – Present

Employer: Self-Employed

Roles and Responsibilities:

- To express the impressions of this world as it touches my heart, and to share them with others with the intention to raise the human consciousness.
- To deepen my connection with the Spirit during each creative process and refine my unique expression of love, harmony and beauty.
- To connect with my creative child within in order to heal the past and experience the present moment as authentically as possible.

## Therapeutic Teaching Experiences

### Occupational Title: Student Educational Aid

Year: 2007

Employer: Vancouver Waldorf School

Role and Responsibilities

- To aid a ten year old child with special needs in classroom situations.
- To support the child to stay present with the classroom tasks and requirements.
- To work collaboratively with a classroom teacher and other students in order to create harmonious classroom dynamic.

### Occupational Title: Creative Facilitator

Year: 2008 – Present

Employer: Helios Learning Point Society

Roles and Responsibilities

- To facilitate artistic activities such as making musical shakers, driftwood puppets, and masks with a twelve year child with special needs.
- To facilitate activities such as felting, wood working and painting with a twenty five year old individual with special needs.  
To establish authentic friendships with these individuals, and help them with their social skills.

## **Volunteer Experience**

### Occupational Title: Hula Dance Teacher Assistant

Year: 2009 – Present

Place: North Shore Connexions Society (<http://www.nsamh.org/>)

Employer: Marji Wallace, Polynesian Dance Instructor of Spirit of the South Sea

Roles and Responsibilities

- To help young adults with special needs improve their co-ordination, reflex integration and balance through the flowing movements and archetypal gestures of Hula dance.

## **Teaching Experiences**

### Occupational Title: Art Teacher for individuals and small groups

Year: 1998 – Present

Employer: Self-Employed

Roles and Responsibilities:

- To create art classes for a wide range of students from age five to ninety with diverse ethnic and cultural backgrounds.
- To help each student deepen his/her own freedom of creative expression.

### Occupational Title: Judge/Witness for Waldorf Olympiad

Year: 2008 & 2009

Employer: Sunrise Waldorf School

Roles and Responsibilities:

- To teach children the PACT model developed by Spacial Dynamics in performing the five pentathlon exercises (sprint, discus, javelin, long jump and wrestling) to develop movements that are true and beautiful.
- To judge the exercises based on form, dynamics and measure.
- To help children embody the original non-competitive spirit of Olympics.

### Occupational Title: Teaching Artist for Haiku Garden

Year: 2008

Employer: Vancouver Cherry Blossom Festival Committee (<http://www.vcbf.ca/>)

Roles and Responsibilities

- To facilitate groups of fifteen to thirty children in elementary schools to paint illustrations that accompany the haikus they had composed.
- To introduce children to the essence of Haiku through story-telling and demonstration of brush techniques in Sumie paintings.

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## Occupational Title: Visual Artist for Artist-in-Residence Program

Year: 2009

Employer: Admiral Seymour School (sponsored by Artstarts)

Roles and Responsibilities

- To co-facilitate a Driftwood Puppet Musical Performance of “The Little Prince” with a fourth and fifth grade class with learning challenges.
- To facilitate experiential learning through movement and the five senses in several field trip settings (in forests and beaches in BC)
- To strengthen the imagination of children through role plays.
- To give an opportunity for a community to witness what children have learned by putting on a musical performance piece to which family and friends are invited.

## Volunteer Experience

### Occupational Title: Creative Facilitator

Year: 2010

Employer: Vancouver Artist Collective Association (<http://www.vanartscollective.com/>)

Roles and Responsibilities:

- To co-facilitate with Graham Oslund (Spacial Dynamics Movement Therapist and a former Waldolf teacher) a creative movement workshop called “Movement of Life.”
- To introduce participants some of the therapeutic Spacial Dynamics exercises through imaginary role plays of nature elements.

## Other Helping Experiences

### Occupational Title: Accreditation Assistant

Reference Website: ( <http://www.vws.ca/>)

Year: 2008 & 2009

Employer: The Cascadia Society for Social Work

Roles and Responsibilities:

- To learn the computer software designed for NPOs to gain accreditation by the government.
- To familiarize myself with Anthroposophy, which underlies the philosophy of the organization in order to support the spiritual work with the people in Cascadia.

## Volunteer Experience

### Occupational Title: Therapeutic Assistant for a child with special needs.

Year: 2008

Employer: Graham Oslund (Spacial Dynamics Movement Therapist, <http://grahamoslund.com/>)

Roles and Responsibilities

- To hold artistic programs and assist with movement therapy with a child with special needs.
- To listen deeply and connect with the child's needs and state of being in order to gain trust.

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## **Artistic Sharing Experiences in the Community**

### **Art Exhibitions**

Place: Tainan city, Taiwan (2006)  
Art medium: Paintings and Stone Art

Place: Ikoma city, Nara prefecture, Japan (2007)  
Art Medium: Paintings, Stone Art and Poetry

Place: Ikoma city, Nara prefecture, Japan (2008)  
Art Medium: Paintings, Mix Medium, Stone Art and Poetry

Place: Vancouver, British Columbia (2009)  
Event: Joint Art Exhibition  
Artistic Medium: Paintings, Stone Art and Poetry and Movement Performance

Place: Vancouver, British Columbia (2010)  
Event: Joint Art Exhibition  
Artistic Medium: Paintings, Stone Art and Poetry and Movement Performance

### **Dance Performances**

Chant Dance, at Living Vision retreat (2007), Harvest Moon Chant (2008), and the Interspiritual Sacred Dance Festival (2009)

Hula Dance Performances at different Senior Homes and community events in BC (2009)  
(<http://www.spiritsouthseas.com/>)

## **Languages**

English: Fluent, Japanese: Fluent, Chinese (Mandarin): Conversational

## **Hobbies and Personal Interests**

### **Creative Movement and Dance Explorations**

Hula Dance, Circle Dance, Eurythmy  
Spacial Dynamics (<http://www.spacialdynamics.com/english/index.shtml>)

### **Music**

Lyre, Native flute, Harmonica, Guitar

### **Poetry and Story Telling**

Words weavings in Japanese and English with a story telling group: Milky Way Story Tellers.  
Poetry as creative expression that accompany visual art and expressive movement.